

Australia-modified Karnofsky Performance Scale (AKPS)

Measure of Overall Performance

PATIENT'S NAME: _____

DATE: _____

Circle the score which mostly describes how well you are functioning overall today

AKPS ASSESSMENT CRITERIA

Normal, no complaints, no evidence of disease	100
Able to carry on normal activity, minor sign of symptoms of disease	90
Normal activity with effort; some signs or symptoms of disease	80
Cares for self, unable to carry on normal activity or to do active work	70
Able to care for most needs, but require occasional assistance	60
Considerable assistance and frequent medical care required	50
In bed more than 50% of the time	40
Almost completely bedfast	30
Totally bedfast and requiring extensive nursing care by professionals and/or family	20
Comatose or barely rousable	10
Dead	0

Examples of questions

- “Has there been any changes today with your ability to attend to activities of daily living?”
- “Are you requiring more physical care today?”
- “How much time do you actually spend in bed?”

Staff to complete:

NOTES:

ASSESSMENT CARRIED OUT BY: _____

Adapted from AKPS. References for AKPS

Abermethy, A.P.M., Shelby-James, t., Fazekas, B.S., Woods, D. Currow, D.C. (2005). The Australia-modified Karnofsky Performance Status (AKPS) Scale: A Revised Scale for Contemporary Palliative Care Clinical Practice (Electronic Version) BioMed Centre Palliative Care, 4, 1-12